

STANDARD TIME ZONES OF THE WORLD



Scale 1:85,000,000 at 0°
 Miller Cylindrical Projection
 0 500 1000 Miles
 0 500 1000 Kilometers

*F.Y.R.D.M. - The Former Yugoslav Republic of Macedonia
 Serbia and Montenegro have asserted the formation of a joint independent state, but this entity has not been formally recognized as a state by the United States.
 Boundary representation is not necessarily authoritative.

Coordinated Universal Time (UTC)
 formerly
 Greenwich Mean Time (GMT)

French Southern and Antarctic Lands (FRANCE)
 ILES CROZET (Fr. S. and Ant. Lands)
 ILES KERGUELEN (Fr. S. and Ant. Lands)

Sun 12:00
 Add time zone number to local time to obtain UTC.
 Subtract time zone number from UTC to obtain local time.

WEST EAST
 Subtract time zone number from local time to obtain UTC.
 Add time zone number to UTC to obtain local time.

Sun 11 Sun 12 Sun 13 Sun 14 Sun 15 Sun 16 Sun 17 Sun 18 Sun 19 Sun 20 Sun 21 Sun 22 Sun 23 Sun 24 Sun 25 Sun 26 Sun 27 Sun 28 Sun 29 Sun 30 Sun 31